



Residential Day Packages:

A day of luxurious pampering at Holm House starts with a welcome glass of juice or water on arrival, before you are handed your Frette robe and slippers; and encouraged to think of nothing for the rest of the day but pure indulgence.

The 'House' Spa package

- a. 1 x (1hr 30 min) treatment to include one of the following: Ytsara Na: Tropical Fruit and Flower Organic Facial, Ytsara Nuat Namman Body Oil Ceremony or a Samsara Luxury Body Scrub with massage
- b. Lunch served in the Spa and scheduled dependent on your treatment selection
- c. Use of the gym and hydrotherapy pool
- d. Juices, herbal teas and water served all day

£115.00

The 'Heavenly House' Package

- a. 1 x (1hr 30 min) treatment to include one of the following: Ytsara Na: Tropical Fruit and Flower Organic Facial, Ytsara Nuat Namman Body Oil Ceremony or a Samsara Luxury Body Scrub with massage
- b. 1 x (45min) Wai Hand or Sukapao Foot Treatment
- c. Lunch served in the Spa and scheduled dependent on your treatment selection
- d. Use of the gym and hydrotherapy pool
- e. Juices, herbal teas and water served all day

£145.00

The 'Holistic House' Package

- a. 2 x (1hr 30 min) treatment to include two of the following: Ytsara Na: Tropical Fruit and Flower Organic Facial, Ytsara Nuat Namman Body Oil Ceremony or a Samsara Luxury Body Scrub with massage
- b. Lunch served in the Spa and scheduled dependent on your treatment selection
- c. Use of the gym and hydrotherapy pool
- d. Juices, herbal teas and water served all day

£180.00

The 'Hedonistic House' Package

- a. Champagne on arrival
- b. 1 x (1hr 30mins) Rasayana, Eternity Body Booster Treatment or Ytsara Na: Tropical Fruit and Flower Organic Facial
- c. 1 x (45 min) Wai Hand or Sukapao Foot treatment
- d. 1 x (45 min) treatment to include one of the following: back massage, facial, basic manicure or pedicure (polish included)
- e. Lunch served in the Spa and scheduled dependent on your treatment selection
- f. Use of the gym and hydrotherapy pool
- g. Juices, herbal teas and water served all day

£195.00

The 'Healthy House' Package

- a. Cleansing juice or detoxifying tea on arrival
- b. 1 x (2hr 30 min) Saat, Complete Detox Treatment (includes a Purifying Massage)
- c. 1 x (45 min) Reflexology Treatment
- d. A healthy spa lunch to be scheduled dependent on your treatment selection
- e. Use of the gym and hydrotherapy pool
- f. Juices, herbal teas and water served all day

£210.00

For the Men:

You may swap the Ytsara Na: Tropical Fruit and Flower Organic Facial in any of the above packages for the **Manao**, Head and Face Treatment for Men with an additional 1 x (20 min) back massage added onto your treatment time.

If you would prefer dinner to lunch please add £15.00 to the package price, if you wish to add dinner please add £29.50 to the package price
