



Facials

Ytsara Na: Tropical Fruit and Flower Organic Facials Treatment time: 1 hr 30mins

Mesmerising and hypnotic treatments for the face that blend the finest of natural Thai ingredients with eastern healing massage techniques to lull you into a deep sense of the sublime and correct any skin concerns at the same time. Choose from:

Yothai, Regenerative Organic Facial

A stimulating blend of Rosewood and Lotus seed oil designed specifically for maturing, stressed or sensitive skins. Fine lines and wrinkles are alleviated and cell renewal assisted to promote smoothness and brightness.

Chum Chou, Quenching Organic Facial

Dry, thirsty and dull skins are given a wonderful tonic with this replenishing facial. Green tea and Noni leaf nourish the skin and intercept free radicals, together with a host of vitamins helps bring skin back to life.

Siam Sa, Nurturing Organic Facial

Skin dehydrated by factors such as climate; harsh products or stress etc, and combination types, will benefit from the supremely hydrating and balancing effects of Neroli and Lotus flower extracts.

Sombun, Balancing Organic Facial

Purifying White Orchid combined with the exfoliating properties of papaya deeply cleanse and relieve congestion and oiliness. Skin is left looking and feeling smoother; calmer and more balanced.

£80.00

Manao, Head and Face Treatment For Men

Treatment time: 1hr

Using heated herbal poultices of Thai Ginger, Lemongrass and Bergamot over vital energy points of the back, neck, shoulders and head, this advanced treatment combines thorough cleansing and exfoliation with deep relaxation. Health and vitality to the face is restored and skin is left fresh and supple.

£63.00

Ytsara Signature Body

Samunprai, Thai Herbal Heat Energizer

Treatment time: 1hr 30mins

Ease away tensions with this unforgettable traditional hot Thai Massage. Heated herbal poultices bring a deep medicinal heat to relax muscles and sooth joints whilst the invigorating massage and oils help transcend your body on a journey of total renewal.

£85.00

Ytsara Nuat Namman: Body Oil Ceremonies

Treatment time: 1hr 30mins

Ponklai, Relaxing Oil Massage

Calm and restore your senses with the healing effects of lemongrass and sweet orange essential oils in this full body treatment. Slow, rhythmic and deep Asian massage techniques encourage total relaxation, wellness, serenity and trust.

Lodkwam Aun, Slimming Oil Massage

This powerful combination of Cinnamon and Long Pepper with drainage and acupressure massage effectively reduces excess fluid from the body. Great at targeting problem areas such as: the thighs; abdomen and buttocks.

Borisut, Purifying Oil Massage

A cleansing synergy of Cajeput and Petit grain essential oils that gently stimulate a tired lymphatic system. Helping to rid the body of impurities, especially when combined with the detoxifying massage techniques.

Phem Palang, Energizing Oil Massage

Uplift mind and body with the power of peppermint and mandarin essential oils combined with a restorative body massage. Helps to recapture your awareness and leaves you with a renewed sense of vitality.

£80.00

Ytsara Envelopments

Saat, Complete Detox

Treatment time: 2hrs 30mins

A wonderful tropical body wrap treat that combines the best in 100% natural ingredients to cleanse the body of toxins and also relax the mind. Skin is exfoliated before being covered with Papaya and Aloe Vera extracts and then uniquely cocooned in soft mulberry paper. Enjoy a soothing scalp massage before the final full body Borisut massage heightens the experience to further decongest a sluggish lymphatic system, reduce excess fluids and with the added bonus of refined, glowing skin.

£170.00

Rasayana, Eternity Body Booster**Treatment time: 1hr 30mins**

Forget all worries and savour the moment as a warm, silky fusion of green tea, white clay and aromatic oils are massaged over your body before being gently wrapped in mulberry paper. Rekindling your inner youth, conditioning the skin and fighting the build up of free radicals, whilst the relaxing scalp massage brings you to your own piece of heaven.

£85.00

Ytsara Body Exfoliation**Samsara, Purifying Body Scrub****Treatment time: 45mins**

This exceptional skin softening treatment combines energizing Andaman sea salts and purifying essential oils of Cajeput and Petit grain to remove dead skin cells and rejuvenate the body. Then a layer of sensational cooling lotion further helps to nurture the skin and to leave it feeling fresh and revitalised.

£50.00

Ytsara Bath**Sabai Sabai, Serenity Bath****Treatment time: 2hrs**

Take time to soak in a herbal bath of Jasmine, Lemongrass and Ylang Ylang before enjoying all the sublime benefits of your full body Ponklai massage. Deep, slow Asian techniques deliver the ultimate in relaxation and wellness, and transcend you above earthly concerns.

£110.00

Ytsara Hand**Wai, Silky Smooth Hands****Treatment time: 45mins**

Pamper your hands with the same botanical healers Thai royalty used before special traditional ceremonies. Exfoliation, a purifying mask, a neck; scalp; and shoulder massage, together with reflexology, nourish both hands and soul to reveal the king or queen in you.

£40.00

Ytsara Foot**Sukapao, Foot Beauty Ritual****Treatment time: 45mins**

Experience a heavenly foot ritual that beautifies the feet and harmonises energy flow. Exfoliation, a scalp and chest massage (performed whilst the mask softens feet), and an invigorating peppermint and mandarin foot massage envelop feet with exquisite lightness.

£40.00
